

**American College of Radiology  
ACR Appropriateness Criteria®  
Thoracoabdominal Aortic Aneurysm or Dissection: Treatment Planning and Follow-Up**

**Variant 1: Follow-up of known thoracoabdominal aortic aneurysm or dissection without repair. Without or with new symptoms.**

Procedure	Appropriateness Category	Relative Radiation Level
MRA chest abdomen pelvis without and with IV contrast	Usually Appropriate	○
MRA chest abdomen pelvis without IV contrast	Usually Appropriate	○
CTA chest abdomen pelvis with IV contrast	Usually Appropriate	☼☼☼☼☼
MRA chest and abdomen without and with IV contrast	May Be Appropriate	○
MRA chest and abdomen without IV contrast	May Be Appropriate	○
CT chest abdomen pelvis with IV contrast	May Be Appropriate	☼☼☼☼
CT chest abdomen pelvis without and with IV contrast	May Be Appropriate	☼☼☼☼
CT chest abdomen pelvis without IV contrast	May Be Appropriate	☼☼☼☼
CT chest and abdomen with IV contrast	May Be Appropriate	☼☼☼☼
CT chest and abdomen without and with IV contrast	May Be Appropriate	☼☼☼☼
CTA chest and abdomen with IV contrast	May Be Appropriate	☼☼☼☼
US duplex Doppler aorta abdomen	Usually Not Appropriate	○
US echocardiography transthoracic resting	Usually Not Appropriate	○
Radiography chest	Usually Not Appropriate	☼
Radiography chest abdomen pelvis	Usually Not Appropriate	☼☼☼
Aortography chest abdomen pelvis	Usually Not Appropriate	☼☼☼☼
CT chest and abdomen without IV contrast	Usually Not Appropriate	☼☼☼☼

**Variant 2:****Planning for endovascular or open repair of thoracoabdominal aorta aneurysm or dissection.**

Procedure	Appropriateness Category	Relative Radiation Level
MRA chest abdomen pelvis without and with IV contrast	Usually Appropriate	○
MRA chest abdomen pelvis without IV contrast	Usually Appropriate	○
CTA chest abdomen pelvis with IV contrast	Usually Appropriate	⊕⊕⊕⊕⊕
MRA chest and abdomen without and with IV contrast	May Be Appropriate (Disagreement)	○
CT chest abdomen pelvis with IV contrast	May Be Appropriate (Disagreement)	⊕⊕⊕⊕
CT chest abdomen pelvis without and with IV contrast	May Be Appropriate (Disagreement)	⊕⊕⊕⊕
CTA chest and abdomen with IV contrast	May Be Appropriate (Disagreement)	⊕⊕⊕⊕
US duplex Doppler aorta abdomen	Usually Not Appropriate	○
US echocardiography transthoracic resting	Usually Not Appropriate	○
Radiography chest	Usually Not Appropriate	⊕
Radiography chest abdomen pelvis	Usually Not Appropriate	⊕⊕⊕
Aortography chest abdomen pelvis	Usually Not Appropriate	⊕⊕⊕⊕
MRA chest and abdomen without IV contrast	Usually Not Appropriate	○
CT chest abdomen pelvis without IV contrast	Usually Not Appropriate	⊕⊕⊕⊕
CT chest and abdomen with IV contrast	Usually Not Appropriate	⊕⊕⊕⊕
CT chest and abdomen without and with IV contrast	Usually Not Appropriate	⊕⊕⊕⊕
CT chest and abdomen without IV contrast	Usually Not Appropriate	⊕⊕⊕⊕

**Variant 3:****Follow-up after endovascular repair of thoracoabdominal aortic aneurysm or dissection.**

Procedure	Appropriateness Category	Relative Radiation Level
MRA chest abdomen pelvis without and with IV contrast	Usually Appropriate	○
CTA chest abdomen pelvis with IV contrast	Usually Appropriate	⊕⊕⊕⊕⊕
Aortography chest abdomen pelvis	May Be Appropriate (Disagreement)	⊕⊕⊕⊕
MRA chest abdomen pelvis without IV contrast	May Be Appropriate	○
MRA chest and abdomen without and with IV contrast	May Be Appropriate (Disagreement)	○
MRA chest and abdomen without IV contrast	May Be Appropriate	○
CT chest abdomen pelvis with IV contrast	May Be Appropriate	⊕⊕⊕⊕
CT chest abdomen pelvis without and with IV contrast	May Be Appropriate	⊕⊕⊕⊕
CT chest abdomen pelvis without IV contrast	May Be Appropriate	⊕⊕⊕⊕
CTA chest and abdomen with IV contrast	May Be Appropriate (Disagreement)	⊕⊕⊕⊕
US duplex Doppler aorta abdomen	Usually Not Appropriate	○
US echocardiography transthoracic resting	Usually Not Appropriate	○
Radiography chest	Usually Not Appropriate	⊕
Radiography chest abdomen pelvis	Usually Not Appropriate	⊕⊕⊕
CT chest and abdomen with IV contrast	Usually Not Appropriate	⊕⊕⊕⊕
CT chest and abdomen without and with IV contrast	Usually Not Appropriate	⊕⊕⊕⊕
CT chest and abdomen without IV contrast	Usually Not Appropriate	⊕⊕⊕⊕

**Variant 4:****Follow-up after open repair of thoracoabdominal aortic aneurysm or dissection.**

Procedure	Appropriateness Category	Relative Radiation Level
MRA chest abdomen pelvis without and with IV contrast	Usually Appropriate	○
CTA chest abdomen pelvis with IV contrast	Usually Appropriate	⊛⊛⊛⊛⊛
MRA chest abdomen pelvis without IV contrast	May Be Appropriate	○
MRA chest and abdomen without and with IV contrast	May Be Appropriate	○
MRA chest and abdomen without IV contrast	May Be Appropriate	○
CT chest abdomen pelvis with IV contrast	May Be Appropriate	⊛⊛⊛⊛
CT chest abdomen pelvis without and with IV contrast	May Be Appropriate	⊛⊛⊛⊛
CT chest abdomen pelvis without IV contrast	May Be Appropriate	⊛⊛⊛⊛
CT chest and abdomen with IV contrast	May Be Appropriate	⊛⊛⊛⊛
CT chest and abdomen without and with IV contrast	May Be Appropriate	⊛⊛⊛⊛
CTA chest and abdomen with IV contrast	May Be Appropriate	⊛⊛⊛⊛
US duplex Doppler aorta abdomen	Usually Not Appropriate	○
US echocardiography transthoracic resting	Usually Not Appropriate	○
Radiography chest	Usually Not Appropriate	⊛
Radiography chest abdomen pelvis	Usually Not Appropriate	⊛⊛⊛
Aortography chest abdomen pelvis	Usually Not Appropriate	⊛⊛⊛⊛
CT chest and abdomen without IV contrast	Usually Not Appropriate	⊛⊛⊛⊛

## THORACOABDOMINAL AORTIC ANEURYSM OR DISSECTION: TREATMENT PLANNING AND FOLLOW-UP

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### Summary of Literature Review

#### **Introduction/Background**

Aortic pathologies including aneurysm and dissection, among others, commonly involve the thoracic and abdominal aorta, thereby requiring evaluation of the entirety of the aorta. Thoracoabdominal aortic aneurysms (TAAAs), defined as enlargement of the descending thoracic aorta to 1.5 times the normal diameter with extension into the abdominal aorta, are typically discovered incidentally on cross-sectional imaging of the chest or abdomen. However, a minority of patients may present with an acute aortic syndrome if enlargement is due to acute dissection of the aorta or aortic rupture. As with most aortic pathologies excluding trauma, enlargement of the thoracoabdominal aorta, whether due to aneurysm or dissection, is increasingly common with age and most commonly seen in those  $\geq 65$  of age. The underlying pathology resulting in enlargement varies widely but may be due to atherosclerotic disease, connective tissue disorders, vasculitis, or, rarely, infection. Although multiple systems of classification based on anatomic extent exist, the Crawford system is the most widely used, and the extent of the aneurysm and involvement of aortic branch vessels has a significant impact on treatment. Although aneurysms or dissections with thoracic or abdominal aorta diameter of  $\leq 5.5$  cm are typically managed medically and with serial imaging, aortas larger than these measurements may require surgical or endovascular treatment [1,2].

Aortic dissections are the results of a disruption in the aortic wall with blood flow into the media resulting in a true and false lumen, which may propagate antegrade or retrograde. Aortic dissections are classified by acuity, anatomic location of entry tear, extent of false lumen, and presence or absence of complicating features. The Stanford classification is commonly used to categorize aortic dissections. Type A dissection involves the ascending aorta (and may extend distally), and type B dissection is limited to the aortic arch and descending thoracic aorta. Complicating features include cerebral, coronary, and/or visceral malperfusion syndrome as well as rupture. Aortic dissections may require emergent surgical repair, thoracic endovascular aortic repair (EVAR), or other endovascular interventions to treat malperfusion syndromes following initial medical therapies. Aneurysmal expansion of the false lumen occurs in up to 50% of patients requiring follow-up imaging.

Traditionally, treatment for thoracoabdominal aneurysm or dissection has been surgical. Although surgical repair demonstrated a survival benefit over medical management, open TAAA repair carries high mortality and morbidity risks [3-5]. A 2016 analysis of outcomes of more than 3,000 TAAA repairs reports an operative mortality rate of 7.5%, with permanent paraplegia in 2.9%, permanent renal failure in 5.7%, and stroke in 2.2% for a total composite rate of an adverse event of 14.4% [3]. Over the past 10 to 20 years, alternative treatment regimens have been

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developed for some patient groups including hybrid repair and entirely endovascular repair. In hybrid repair, a combination of surgical and endovascular techniques is used, often in a staged format, with techniques including abdominal debranching followed by thoracic endovascular repair. Hybrid repairs showed favorable results in several series, although with aortic related mortality rates of 9%, 14%, and 14% at 1, 2, and 5 years, respectively, in one study [6-8].

More recently, a number of endovascular techniques have been used for repair, including thoracic EVAR, EVAR with parallel (eg, chimney/snorkel) stents into the branch artery, fenestrated EVAR, and branched EVAR [9-12]. Multiple studies have found encouraging results in terms of technical success, intraprocedural mortality, and branch vessel patency, although with high rates of reintervention for endoleaks [10,13-16]. Similarly, techniques for endovascular treatment of type B dissection have also been refined over the past decades, with new innovations in treating type A dissection emerging as well. The decision of surgical versus hybrid or endovascular repair is based on the characteristics of the aneurysm or dissection, along with factors such as suitability for surgery and patient preference. Regardless of type of treatment, postprocedural surveillance is important because patients with poor compliance with follow-up imaging are found to have higher rates of aortic rupture [17].

For information on interventional planning and follow-up of thoracic aortic aneurysm or abdominal aortic aneurysm (AAA), please see the ACR Appropriateness Criteria® topics on “[Thoracic Aorta Interventional Planning and Follow-Up](#)”[1] and “[Abdominal Aortic Aneurysm: Interventional Planning and Follow-Up](#)” [2]. For information on AAA follow-up please see the ACR Appropriateness Criteria® topic on “[Abdominal Aortic Aneurysm Follow-Up \(Without Repair\)](#)” [18].

### **Special Imaging Considerations**

As MRI technology and sequences have continued to improve, multiple new sequences and protocols have been developed for assessment of the aorta. In particular, sequences aimed at evaluating flow dynamics and aortic wall stress have been used to predict aneurysm growth [19-24]. Other authors have advocated for the use of superparamagnetic iron oxide given intravenously to assess for inflammatory changes in the aortic wall [25,26]. Continued innovation has allowed advancement in sequences and techniques such as 4-D MRI for evaluation of TAAA or dissection, most commonly used at academic institutions.

### **Discussion of Procedures by Variant**

#### **Variant 1: Follow-up of known thoracoabdominal aortic aneurysm or dissection without repair. Without or with new symptoms.**

##### **Aortography Chest Abdomen Pelvis**

Aortogram with digital subtraction angiography (DSA) for evaluation of the thoracic and abdominal aorta has a sensitivity of up to 90% and a specificity of 95% for acute aortic pathology [27]. Although it has the advantage of allowing immediate intervention if an abnormality is identified, aortography is an invasive procedure that is now typically performed for treatment after diagnosis of a new or worsening aortic pathology. Additionally, a 2003 study comparing MR angiography (MRA) with angiography suggested increased accuracy of MRA in assessing vessel diameter: a key component of follow-up for TAAA or dissection [28].

##### **CT Chest, Abdomen, and Pelvis With IV Contrast**

There is no relevant literature regarding venous phase CT chest, abdomen, and pelvis for the follow-up of known thoracoabdominal aneurysm or dissection, because most follow-up imaging for known dissection or aneurysm uses an arterially timed contrast bolus in the form of a CT angiography (CTA) (discussed below). However, contrast-enhanced CT can provide information regarding the size and extent of aortic pathology as well as evaluate for extravascular pathology. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

##### **CT Chest, Abdomen, and Pelvis Without and With IV Contrast**

There is no relevant literature regarding venous phase CT chest, abdomen, and pelvis for the follow-up of known thoracoabdominal aneurysm or dissection because most follow-up imaging for known dissection or aneurysm uses an arterially timed contrast bolus in the form of a CTA (discussed below). However, contrast-enhanced CT can provide information regarding the size and extent of aortic pathology as well as evaluate for extravascular pathology.

Although typically not performed for the purpose of follow-up of thoracoabdominal aortic pathology, multiphase CT performed to evaluate for extravascular pathology can often assess for acute changes in thoracoabdominal

dissection or aneurysm, such as intramural hematoma. Unenhanced CT may be able to delineate extravascular complications such as hemorrhage or rupture. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest, Abdomen, and Pelvis Without IV Contrast**

There is no relevant literature for CT chest, abdomen, and pelvis without intravenous (IV) contrast for the follow-up of known thoracoabdominal aneurysm or dissection. Although most follow-up of known aortic disease is performed with IV contrast [29-31], select groups of patients may be monitored with unenhanced CT to evaluate measurements of aortic size, which may guide further management [32]. Unenhanced CT may be able to delineate extravascular complications such as hemorrhage or rupture [32]. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest and Abdomen With IV Contrast**

There is no relevant literature regarding venous phase CT chest and abdomen for the follow-up of known thoracoabdominal aneurysm or dissection because most follow-up imaging uses an arterially timed contrast bolus in the form of a CTA (discussed below). Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis may result in incomplete evaluation of the extent of aortic pathology. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest and Abdomen Without and With IV Contrast**

There is no relevant literature regarding CT chest and abdomen without and with IV contrast for the follow-up of known thoracoabdominal aneurysm or dissection because most follow-up imaging uses an arterially timed contrast bolus in the form of a CTA (discussed below). Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis may result in incomplete evaluation of the extent of aortic pathology. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest and Abdomen Without IV Contrast**

There is no relevant literature regarding CT chest and abdomen without IV contrast for the follow-up of known thoracoabdominal aneurysm or dissection because most follow-up imaging uses an arterially timed contrast bolus in the form of a CTA. Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis may result in incomplete evaluation of the extent of aortic pathology. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CTA Chest, Abdomen, and Pelvis With IV Contrast**

CTA of the chest, abdomen, and pelvis with IV contrast uses fast acquisition times to allow for rapid evaluation of the aorta and diagnosis of pathology. Fast acquisition times are particularly valuable in patients with known TAAA or dissection with new symptoms, given the high acuity of these conditions in the event of disease extension or worsening. The precise and reproducible measurements of the aorta with CTA are valuable for monitoring aortic growth and interval changes [33,34]. Electrocardiographically (ECG)-gated or triggered CTA is an additional option that can be used to evaluate the ascending aorta in patients with concern for conversion of a dissection into a type A dissection or for aneurysmal enlargement of the ascending aorta. With ECG gating, artifact from aortic pulsation is reduced and maximum interobserver variability of 1.2 mm in the ascending aorta has been reported, emphasizing the reproducibility of CTA [31,34].

Acquisition of thin axial slices with subsequent 3-D reconstruction along with homogenous luminal opacification allows for precise measurements and assessment of aortic anatomy, using postprocessing software for vessel analysis. Along with low interobserver variability, this allows for an excellent ability to detect changes in the aortic diameter or extent of dissection [31,33,34]. Furthermore, CTA can readily detect complications including thoracoabdominal aneurysm rupture or dissection extension causing malperfusion of the supra-aortic branch vessels, mesenteric arteries, renal arteries, lower extremities, or coronary arteries [31,35]. CTA has also been used in certain situations to predict enlargement of saccular aneurysms using flow dynamics [36].

Compared with CTA of the chest and abdomen, imaging of the pelvis carries the benefit of evaluation of the iliofemoral vessels to evaluate the extent of dissection or aneurysmal dilatation and suitability for possible endovascular intervention.

### **CTA Chest and Abdomen With IV Contrast**

Compared with CTA of the chest, abdomen, and pelvis, the lack of visualization of the iliofemoral vessels precludes evaluation for suitability for possible endovascular intervention or for aneurysm dilation/dissection of the iliac or femoral arteries if pathology extends to the bifurcation.

### **MRA Chest, Abdomen, and Pelvis Without and With IV Contrast**

Similar to CTA, MRA of the thoracoabdominal aorta allows for precise and reproducible assessment of aortic sac size in aneurysm or extent of dissection in thoracoabdominal aortic dissection [33,37-39]. In patients with new symptoms, MRI has conventionally been used as a secondary imaging modality because of relatively long imaging times [40]. However, MRI can be used to accurately assess for acute aortic pathology in this clinical setting [40-42].

Use of a contrast agent in MRA allows for 4-D evaluation of flow dynamics, with acquisition of multiple time-points allowing for detailed evaluation of flow dynamics associated with aortic aneurysm or dissection [43]. This can be used with a variety of unenhanced MRA techniques such as time-of-flight and phase-contrast imaging that can also allow for evaluation of aortic dissection and aneurysm [44,45]. Similar to CTA, ECG gating can be used for a more accurate assessment of the ascending thoracic aorta if concern exists for retrograde extension of pathology [46,47]. MRA can allow for the evaluation of aortic valve dysfunction associated with ascending aortic dilation or dissection, which cannot typically be identified on CTA [33,46,47].

MRI also allows evaluation for extravascular pathology. In a 2014 study, more than 80% of patients had at least one extravascular finding, with 6.4% found to have a major extravascular finding including neoplasm, spine infection, or pericardial effusion [48].

A 2018 comparative study with 45 patients divided into noncontrast-enhanced and blood pool contrast groups was performed to qualitatively and quantitatively evaluate image quality as well as reproducibility [47]. This study concluded that IV contrast allows for higher quality imaging with more reproducible and accurate vessel measurements [47]. The findings were consistent with a 2010 study supporting the use of IV contrast for vascular detail [49]. In contrast to these findings, however, multiple other studies have found similar accuracy and reproducibility in assessing vessel diameter between contrast- and noncontrast-enhanced MRI studies [44,50,51].

### **MRA Chest, Abdomen, and Pelvis Without IV Contrast**

Multiple unenhanced MRA techniques such as time-of-flight, phase-contrast imaging, and steady-state free precession (SSFP) have been developed that allow for the evaluation of aortic dissection and aneurysm [44,45]. Even without IV contrast, MRA can be used to precisely evaluate the thoracoabdominal aorta size, as well as for access vessel size, intraluminal thrombus, and branch vessel involvement [37,39]. A 2017 observational study comparing AAA measurements in CTA and noncontrast MRA showed strong agreement, with intraclass coefficient  $>0.99$  and interobserver reproducibility  $>0.99$  for both CTA and MRA [45]. This study also noted a potential benefit of noncontrast MRA allowing evaluation of the composition of intraluminal thrombus, potentially allowing for risk quantification for disease progression [45]. This finding was also supported by a follow-up 2019 article [52].

Although some studies have shown more accurate measurements with contrast-enhanced MRA compared with noncontrast MRA, other studies have shown an equal ability to detect aortic pathology and to measure aortic size [44,50,51]. A 2014 study comparing thoracic aortic measurements and pathology in 76 patients undergoing both contrast- and noncontrast-enhanced MRA showed high agreement between study types, with low intra- and interobserver dependency (intraclass correlation coefficient 0.99) [51]. A similar 2017 study comparing thoracic aorta measurements/findings on contrast- and noncontrast-enhanced MRA performed on a group of 50 patients favored noncontrast-enhanced MRA over contrast-enhanced MRA as the technique of choice because of superior image quality and better vessel sharpness in the ascending aorta [44]. Although these existing studies focus on the thoracic or abdominal segments of the aorta rather than the thoracoabdominal aorta, findings can likely be extrapolated to the thoracoabdominal aorta.

### **MRA Chest and Abdomen Without and With IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, exclusion of the pelvis carries the benefit of faster acquisition time. However, extension to the abdomen without the pelvis involved, results in limited evaluation of the iliofemoral vessels to evaluate suitability for possible endovascular intervention or for aneurysm dilation/dissection of the iliac or femoral arteries if pathology extends to the bifurcation.



## **MRA Chest and Abdomen Without IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, exclusion of the pelvis carries the benefit of faster acquisition time. However, extension to the abdomen without inclusion of the pelvis involved results in limited evaluation of the iliofemoral vessels to evaluate suitability for possible endovascular intervention or for aneurysm dilation/dissection of the iliac or femoral arteries if pathology extends to the bifurcation.

## **Radiography Chest**

Chest radiographs demonstrate abnormalities in a large percentage of patients with acute thoracoabdominal pathology. Most commonly, a widened mediastinum is appreciated in patients with pathology extending to the proximal to mid thoracic aorta, and a posteroanterior (PA) projection is found to be significantly more accurate than an anteroposterior (AP) projection [53]. Other studies have found that a chest radiograph is not sensitive (64%) or specific (87%) for thoracic aortic disease [54,55]. Given the relatively low sensitivity and specificity, chest radiography should not substitute for cross-sectional imaging. Furthermore, the role of chest radiography in the follow-up of known thoracoabdominal disease is limited because radiographs would be unlikely to appreciate subtle changes in aortic size.

## **Radiography Chest, Abdomen, and Pelvis**

There is no relevant literature for chest, abdomen, and pelvis radiographs for the follow-up of thoracoabdominal aortic dissection or aneurysm.

Chest radiographs demonstrate abnormalities in a large percentage of patients with acute thoracoabdominal pathology. Most commonly, a widened mediastinum is appreciated in patients with pathology extending to the proximal to mid thoracic aorta, and a PA projection is found to be significantly more accurate than an AP projection [53]. Other studies have found that a chest radiograph is not sensitive (64%) or specific (87%) for thoracic aortic disease [54,55]. Given the relatively low sensitivity and specificity, chest radiography should not substitute for cross-sectional imaging. Furthermore, the role of chest radiography in the follow-up of known thoracoabdominal disease is limited because radiographs would be unlikely to appreciate subtle changes in aortic size.

## **US Duplex Doppler Aorta Abdomen**

Duplex ultrasound (US) of the abdominal aorta is an option for evaluation of the thoracoabdominal aorta, although the ability to evaluate the aorta above the diaphragm may be markedly limited by acoustic windows. Prior studies comparing US, CT, and MRI of the abdominal aorta found that US is a reliable method to diagnose and follow AAAs [56]. In the evaluation of thoracoabdominal aortic dissection, US can also be used to evaluate blood flow in the true and false lumens and to directly and dynamically monitor the motion of dissection flaps [43]. As such, abdomen US can be performed serially to evaluate for aortic size changes or dissection hemodynamic changes. However, a limited ability to evaluate the thoracic aorta due to difficult acoustic windows could result in poor image quality or the inability to view changes to the aorta.

## **US Echocardiography Transthoracic Resting**

Transthoracic echocardiogram (TTE) allows visualization of the heart and portions of the thoracic aorta. TTE can be used to evaluate the heart for complications such as pericardial effusion in patients with new symptoms [57]. However, portions of the proximal descending thoracic aorta may be poorly visualized with TTE because of patient acoustic windows and habitus, creating the possibility of false-negative examinations in patients with new symptoms [58]. These characteristics have resulted in a low sensitivity of 31% to 55% for the diagnosis of acute type B aortic dissection on TTE [33]. TTE is also limited by the ability to visualize the abdominal aorta to determine the extent of thoracoabdominal aortic pathology.

## **Variant 2: Planning for endovascular or open repair of thoracoabdominal aorta aneurysm or dissection.**

### **Aortography Chest Abdomen Pelvis**

There is no relevant literature regarding aortography for the planning of thoracoabdominal aortic endovascular or open repair. Aortogram with DSA for evaluation of the thoracic and abdominal aorta has a sensitivity of up to 90% and a specificity of 95% for acute aortic syndrome [27]. The role of aortography before endovascular or open repair is limited to noninvasive modalities such as CTA and MRA. Furthermore, the projectional nature of catheter angiograms limits its ability to evaluate the 3-D configuration of vessels, increasing the risk of error if procedures are planned based on angiogram [59].

### **CT Chest, Abdomen, and Pelvis With IV Contrast**

There is no relevant literature for venous phase CT chest, abdomen, and pelvis for the planning of thoracoabdominal aortic endovascular or open repair. Most preprocedural CT imaging for thoracoabdominal pathology uses an arterially timed contrast bolus in the form of a CTA (discussed below). Although typically not performed for the purpose of procedural planning, contrast-enhanced CT performed to evaluate for extravascular pathology can often assess for acute changes in thoracoabdominal dissection or aneurysm. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients but may be needed for preprocedure sizing and evaluation of pathology.

### **CT Chest, Abdomen, and Pelvis Without and With IV Contrast**

There is no relevant literature for venous phase CT chest, abdomen, and pelvis with noncontrast phase for the planning of thoracoabdominal aortic endovascular or open repair. Most preprocedural CT imaging for thoracoabdominal pathology uses an arterially timed contrast bolus in the form of a CTA (discussed below). Although typically not performed for the purpose of procedural planning, contrast-enhanced CT performed to evaluate for extravascular pathology can often assess for acute changes in thoracoabdominal dissection or aneurysm. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients but may be needed for preprocedure sizing and evaluation of pathology.

### **CT Chest, Abdomen, and Pelvis Without IV Contrast**

There is no relevant literature for CT chest, abdomen, and pelvis without IV contrast for the planning of thoracoabdominal aortic endovascular or open repair. CT without IV contrast would likely be able to assess aortic size and for nonvascular findings, but utility for preprocedure planning would be markedly limited in the absence of IV contrast. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients but may be needed for preprocedure sizing and evaluation of pathology.

### **CT Chest and Abdomen With IV Contrast**

There is no relevant literature for venous phase CT chest and abdomen for the planning of thoracoabdominal aortic endovascular or open repair. Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis from the field of view carries the drawback of precluding evaluation of the iliofemoral access vessels if endovascular repair is considered. Furthermore, if the thoracoabdominal dissection or aneurysm extends into the pelvis, a lack of pelvis evaluation could result in incomplete evaluation of the aortic pathology. In select cases with recent imaging of the pelvis or in cases of planned open repair without extension into the pelvic vasculature, further imaging of the pelvis vasculature may not be needed. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients but may be needed for preprocedure sizing and evaluation of pathology.

### **CT Chest and Abdomen Without and With IV Contrast**

There is no relevant literature for venous phase CT chest and abdomen with noncontrast phase for the planning of thoracoabdominal aortic endovascular or open repair. Most preprocedural CT imaging for thoracoabdominal pathology uses an arterially timed contrast bolus in the form of a CTA (discussed below). Although typically not performed for the purpose of procedural planning, contrast-enhanced CT performed to evaluate for extravascular pathology can often assess for acute changes in thoracoabdominal dissection or aneurysm. However, exclusion of the pelvis from the field of view carries the drawback of precluding evaluation of the iliofemoral access vessels if endovascular repair is considered. Furthermore, if the thoracoabdominal dissection or aneurysm extends into the pelvis, lack of pelvis evaluation could result in incomplete evaluation of the aortic pathology. In select cases with recent imaging of the pelvis or in cases of planned open repair without extension into the pelvic vasculature, further imaging of the pelvis vasculature may not be needed. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients but may be needed for preprocedure sizing and evaluation of pathology.

### **CT Chest and Abdomen Without IV Contrast**

There is no relevant literature CT chest and abdomen without contrast for the planning of thoracoabdominal aortic endovascular or open repair. Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis from the field of view carries the drawback of precluding evaluation of the iliofemoral access vessels if endovascular repair is considered. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients but may be needed for preprocedure sizing and evaluation of pathology.

### **CTA Chest, Abdomen, and Pelvis With IV Contrast**

The high spatial resolution and profound, homogenous enhancement of the aorta and branch vessels in CTA allows for excellent preoperative assessment. Prior studies dating back to the 2000s have shown CTA to be a valuable tool to evaluate anatomic suitability for endovascular repair of the thoracic or abdominal aorta [31,60-63]. With anatomic coverage from the aortic root to the superficial femoral arteries, CTA can rapidly evaluate the extent of thoracoabdominal aneurysm or dissection as well as provide information valuable for preoperative planning such as aortic tortuosity, branch vessel location and patency, and suitability of femoral access vessels for endovascular repair. CTA can also readily evaluate for complications related to aortic pathology that could affect surgical or procedural plan including aortic rupture, dissection extension, or malperfusion syndrome.

Although TAAA is traditionally treated with open repair, hybrid and endovascular repair of TAAA or dissections have increasingly been used over the past decade [14,64]. Techniques including snorkels/periscopes to allow perfusion of aortic branches, fenestrated EVAR, and branched EVAR have been used for thoracoabdominal aneurysms, and fenestration, branch vessel stenting, and true lumen stenting have progressively been used for thoracoabdominal dissection [9,14,64,65]. Many of these are complex procedures, and precise measurements of the aortic aneurysm or dissection before the procedure facilitates planning and ensures appropriate device availability at the time of procedure [9,65]. The thin slices, high spatial resolution, and isotropic data acquired with CTA permits advanced reconstruction techniques such as centerline measurements and double orthogonal measurements, permitting precise assessment of the aortic and branch vessel anatomy and detailed procedure planning [60-62,66,67].

Inclusion of the pelvis in the study also aids in procedure planning by allowing evaluation of the iliofemoral access vessels. Femoral access is typically preferred for endovascular repair, although access vessels must typically be suitable in size, tortuosity, and calcification of the iliac vessels to permit device delivery to the aorta. In patients with inappropriate iliofemoral vessels, groin cutdown with conduit, direct aortoiliac access, or brachial access can be used.

Before open or endovascular repair of a thoracoabdominal aneurysm or dissection, some authors have advocated for imaging for identification of the artery of Adamkiewicz, because preoperative identification could potentially reduce the risk of spinal cord ischemia [68,69]. Given the variability of the origin of this artery, preoperative identification of the origin of this vessel allows for operative planning that minimizes the risk of damage and can reduce surgical times [69]. Multiple studies evaluating the ability of CT and MRI to identify the artery of Adamkiewicz show that the artery can be identified and traced in >75% of patients, with some studies finding >90% identification [68,70-72].

### **CTA Chest and Abdomen With IV Contrast**

Compared with CTA of the chest, abdomen, and pelvis, exclusion of the pelvis carries the drawback of precluding evaluation of the iliofemoral access vessels if endovascular repair is considered. Furthermore, if the thoracoabdominal dissection or aneurysm extends into the pelvis, a lack of pelvis evaluation could result in incomplete evaluation of the aortic pathology. In select cases with recent imaging of the pelvis or in cases of planned open repair without extension into the pelvic vasculature, further imaging of the pelvis vasculature may not be needed.

### **MRA Chest, Abdomen, and Pelvis Without and With IV Contrast**

Although the spatial resolution of MRA without and with IV contrast is less than the spatial resolution of CTA with IV contrast, MRA provides good evaluation of the aorta and branch vessels to allow for procedural or operative planning [38,62,67]. A 2011 study compared image quality, vessel measurements, and proposed endograft selection among MRA and CTA in 30 patients scheduled for EVAR [67]. This analysis found small differences in measured aortic diameter at multiple locations, all <1 mm between MRA and CTA [67]. Ultimately, this study concluded that the image quality for both CTA and MRA was, in general, adequate and that differences were not clinically relevant because all 30 patients had the same endograft components selected based on measurements [67]. Although the study was focused on AAA, the result is likely applicable to measurements of thoracoabdominal aneurysm or dissection, with the caveat that the complexity of endovascular thoracoabdominal repair may place a higher value on precise measurements. MRA is thus able to evaluate the extent of thoracoabdominal aneurysm or dissection as well as to provide information valuable for preoperative planning such as aortic tortuosity, branch vessel location and patency, and suitability of femoral access vessels for endovascular repair. MRA can also evaluate for complications related to aortic pathology that could affect surgical or procedural plan including aortic rupture, dissection extension, or malperfusion syndrome.

Although TAAA is traditionally treated with open repair, hybrid and endovascular repair of TAAA or dissections have increasingly been used over the past decade [14,64]. Techniques including snorkels/periscopes to allow perfusion of aortic branches, fenestrated EVAR, and branched EVAR have been used for thoracoabdominal aneurysms, and fenestration, branch vessel stenting, and true lumen stenting have progressively been used for thoracoabdominal dissection [9,14,64,65]. Many of these are complex procedures, and precise measurements of the aortic aneurysm or dissection before procedure facilitates planning and ensures appropriate device availability at the time of procedure [9,65]

Inclusion of the pelvis in the study also aids in procedure planning by allowing evaluation of the iliofemoral access vessels. Femoral access is typically preferred for endovascular repair, although access vessels must typically be suitable in size, tortuosity, and calcification of the iliac vessels to permit device delivery to the aorta. In patients with inappropriate iliofemoral vessels, groin cutdown with conduit, direct aortoiliac access, or brachial access can be used.

Before open or endovascular repair of a thoracoabdominal aneurysm or dissection, some authors have advocated for imaging for identification of the artery of Adamkiewicz because preoperative identification could potentially reduce the risk of spinal cord ischemia [68]. Given the variability of the origin of this artery, preoperative identification of the origin of this vessel allows for operative planning that minimizes risk of damage. Multiple studies evaluating the ability of CT and MRI to identify the artery of Adamkiewicz show that the artery can be identified and traced in >75% of patients, with identification rates typically higher in MRA compared with CTA [68,70-73].

#### **MRA Chest, Abdomen, and Pelvis Without IV Contrast**

A 2012 study by Shaida et al [63] compared aortic measurements in 20 patients undergoing both CTA and noncontrast MRI before EVAR. The study measured vessel diameter at multiple points as well as several vessel lengths and found small discrepancies between MRI and CTA, typically <1 mm for diameters or 5 mm for lengths [63]. The authors concluded such measurements were unlikely to alter planning of the repair but favored CTA in most patients [63]. Although this study focused on AAA, the result is likely applicable to measurements of thoracoabdominal aneurysm or dissection, with the caveat that the complexity of endovascular thoracoabdominal repair may place a higher value on precise measurements. Similar conclusions were reached by a 2013 study comparing pre-EVAR MRI without IV contrast and CTA [61,74].

#### **MRA Chest and Abdomen Without and With IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, exclusion of the pelvis carries the drawback of precluding evaluation of the iliofemoral access vessels if endovascular repair is considered. Furthermore, if the thoracoabdominal dissection or aneurysm extends into the pelvis, a lack of pelvis evaluation could result in incomplete evaluation of the aortic pathology. In select cases with recent imaging of the pelvis or in cases of planned open repair without extension into the pelvic vasculature, further imaging of the pelvis vasculature may not be needed.

#### **MRA Chest and Abdomen Without IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, exclusion of the pelvis carries the drawback of precluding evaluation of the iliofemoral access vessels if endovascular repair is considered. Furthermore, if the thoracoabdominal dissection or aneurysm extends into the pelvis, a lack of pelvis evaluation could result in incomplete evaluation of the aortic pathology. In select cases with recent imaging of the pelvis or in cases of planned open repair without extension into the pelvic vasculature, further imaging of the pelvis vasculature may not be needed.

#### **Radiography Chest**

There is no relevant literature regarding the use of radiography for planning thoracoabdominal aortic endovascular or open repair.

#### **Radiography Chest Abdomen Pelvis**

There is no relevant literature regarding the use of radiography for planning thoracoabdominal aortic endovascular or open repair.

#### **US Duplex Doppler Aorta Abdomen**

There is no relevant literature regarding the use of duplex US for planning thoracoabdominal aortic endovascular or open repair. Although US can be used to evaluate the abdominal aorta for dissection or aneurysm, limitations to

the evaluation of the spatial relationship of the aorta to branch vessels and the inability to visualize portions of the aorta limit its utility as a sole modality for procedural planning.

### **US Echocardiography Transthoracic Resting**

There is no relevant literature regarding the use of TTE for planning thoracoabdominal aortic endovascular or open repair. Although TTE can evaluate for cardiac complications such as aortic valve regurgitation [33] and evaluate portions of the thoracic aorta, limitations to the evaluation of the spatial relationship of the aorta to branch vessels, the inability to visualize portions of the aorta, and a dependence on operator and patient characteristics limit its utility as a sole modality for procedural planning.

### **Variant 3: Follow-up after endovascular repair of thoracoabdominal aortic aneurysm or dissection.**

#### **Aortography Chest Abdomen Pelvis**

Aortogram with DSA for evaluation of the thoracic and abdominal aorta has a sensitivity of up to 90% and a specificity of 95% for acute aortic syndrome [27]. The role of aortography for routine follow-up after endovascular repair is limited in favor of noninvasive modalities such as CTA and MRA, and CTA has been found to have a higher sensitivity than angiogram [75,76]. In cases of increasing aneurysm sac size likely to require treatment of endoleak, aortogram could be considered because it would allow rapid transition from diagnosis to treatment. Additional benefits of angiogram include the ability to evaluate directionality of endoleaks, which can be difficult on CTA [76].

#### **CT Chest, Abdomen, and Pelvis With IV Contrast**

There is no relevant literature regarding venous phase CT chest, abdomen, and pelvis for the follow-up of endovascular repair of thoracoabdominal aneurysm or dissection because most follow-up imaging uses an arterially timed contrast bolus in the form of a CTA (discussed below). However, contrast-enhanced CT can provide similar information as CTA in evaluating the size and extent of aortic pathology, although with a reduced sensitivity to delineating endoleak and subtle changes to aorta and branch artery diameter. Although typically not performed for the purpose of follow-up of thoracoabdominal aortic pathology, contrast-enhanced CT performed to evaluate for extravascular pathology can often assess for acute changes after endovascular repair including endoprosthesis migration or aortic rupture. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest, Abdomen, and Pelvis Without and With IV Contrast**

There is no relevant literature for venous and unenhanced CT chest, abdomen, and pelvis without an arterial phase for follow-up after thoracoabdominal endovascular repair. However, contrast-enhanced CT can provide similar information as CTA in evaluating the size and extent of aortic pathology, although with a reduced sensitivity to delineating endoleak and subtle changes to aorta and branch artery diameter. Although typically not performed for the purpose of follow-up of thoracoabdominal aortic pathology, contrast-enhanced CT performed to evaluate for extravascular pathology can often assess for acute changes after endovascular repair including endoprosthesis migration or aortic rupture. The addition of a noncontrast phase would be expected to aid in identifying endoleak and distinguishing endoleak from other sources of sac/false lumen opacification, although a lack of an arterial phase limits sensitivity. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest, Abdomen, and Pelvis Without IV Contrast**

Typical CT follow-up after endovascular thoracoabdominal aortic repair incorporates arterial and delayed venous phases to evaluate for endoleak [77]. However, unenhanced CT can be used to evaluate aortic caliber to detect changes to a thoracoabdominal aneurysm or aneurysmal degeneration of a thoracoabdominal dissection. Drawbacks of unenhanced imaging include an inability to identify endoleak, evaluate branch vessel patency, or evaluate for false lumen thrombosis in aortic dissection. Nonetheless, some authors have advocated for routine use of noncontrast-enhanced CT over contrast-enhanced CT in patients after EVAR with stable aneurysm sac size, with contrast-enhanced CTA used for evaluation if aortic sac size changes [32,76]. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest and Abdomen With IV Contrast**

There is no relevant literature regarding venous phase CT chest and abdomen for the follow-up of endovascular repair of thoracoabdominal aneurysm or dissection. Compared with CT of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis may fail to detect changing or new

pathology in the pelvic vasculature. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest and Abdomen Without and With IV Contrast**

There is no relevant literature for venous and unenhanced CT without an arterial phase for follow-up after thoracoabdominal endovascular repair.

Compared with CT of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis may fail to detect changing or new pathology in the pelvic vasculature. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CT Chest and Abdomen Without IV Contrast**

Compared with CT of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis may fail to detect changing or new pathology in the pelvic vasculature. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

#### **CTA Chest, Abdomen, and Pelvis With IV Contrast**

CTA is ideal for evaluation after endovascular repair because of its sensitivity in detecting endoleaks, ability to detect changes in aortic diameter, evaluation of false lumen thrombosis, endograft infection, and assessment of branch vessel/stent patency [1,2,77-79]. Because most endovascular repairs of TAAA or dissection are complex, the need for routine surveillance after treatment is crucial, and often, lifelong follow-up is recommended. A 2016 study of 354 patients undergoing endovascular repair for thoracoabdominal aortic pathology underscores the need for close follow-up, because 36% of patients required further intervention within 36 months, most commonly for endoleak [14]. Typically, follow-up imaging is obtained at 1, 3, and 6 months after intervention to evaluate for endoleak, increase in aortic diameter, incomplete false lumen thrombosis (in dissection), and other procedure complications, and prior studies have shown poor compliance with follow-up and increased risk of aortic rupture in these patients with limited imaging follow-up [17,80]. After 6 months, individualized imaging follow-up may be planned based on personal risk factors, with imaging typically at 6- to 12-month intervals.

Protocols for CTA follow-up after endovascular thoracoabdominal repair vary between institutions, but typical protocols include an unenhanced, arterial, and delayed phase (60–300 seconds after contrast injection) imaging [77]. The unenhanced phase provides utility in differentiating intraluminal opacities such as procedural material from endoleak on contrast-enhanced phases. Use of a dual-energy acquired delayed venous phase to create a virtual noncontrast phase has also been shown to be effective in identifying endoleaks while eliminating the need for an additional noncontrast phase [77,81].

Although direct evidence comparing CTA to other modalities in endoleak identification after endovascular thoracoabdominal aneurysm repair is lacking, multiple studies and meta-analyses have compared CTA with MRI and US for endoleak identification after EVAR for AAA [78,79,82,83]. A meta-analysis by Guo et al [82] in 2016 evaluated 3,853 patients after EVAR with paired scans of different modalities (CTA, MRA, US) within a 1-month period. In 2,346 paired CTA and duplex US scans, CTA identified 214 additional endoleaks not seen on duplex US (including 26 type I or type III endoleaks), whereas duplex US identified 77 additional endoleaks not seen on CTA (no type I or III endoleaks) [82]. In 1,694 paired CTA and MRA scans, CTA identified 2 additional endoleaks, whereas MRA identified 42 additional endoleaks [82]. A subsequent meta-analysis in 2018 by Zaiem et al [84] also noted that MRI identified more endoleaks than CTA. These findings suggest higher sensitivity of MRI to detect endoleaks, although the authors caution that the increased endoleaks identified could represent false-positive findings or endoleaks that are not clinically important [84].

#### **CTA Chest and Abdomen With IV Contrast**

Compared with CTA of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis may fail to detect changing or new pathology in the pelvic vasculature that could require additional intervention.

#### **MRA Chest, Abdomen, and Pelvis Without and With IV Contrast**

The spatial resolution of MRA is less than that of CTA, but the ability to detect branch vessel complications, endoleaks, stent graft complication, or infection has established MRA as an effective modality for imaging after endovascular repair, particularly for nitinol stent grafts, which have reduced susceptibility artifact. Because most thoracoabdominal aortic repairs are complex, the need for routine surveillance after treatment is crucial, and often, lifelong follow-up is recommended. A 2016 study of 354 patients undergoing endovascular repair for

thoracoabdominal aortic pathology underscores the need for close follow-up, because 36% of patients required further intervention within 36 months, most commonly for endoleak [14]. Typically, follow-up imaging is obtained at 1, 3, and 6 months after intervention to evaluate for endoleak, increase in aortic diameter, incomplete false lumen thrombosis (in dissection), and other procedure complications, and prior studies have shown poor compliance with follow-up with increased risk of aortic rupture in patients with poor follow-up [17,80]. After 6 months, individualized imaging follow-up may be planned based on personal risk factors, with imaging typically at 6 to 12 month intervals.

Early studies evaluating the ability of MRA to evaluate for endoleak or other complication after EVAR established MRI as a suitable alternative to CTA [78,85,86]. Direct evidence comparing MRA with IV contrast to other modalities in endoleak identification after endovascular thoracoabdominal aneurysm repair is lacking, but multiple additional studies and meta-analyses have compared MRA with CTA in identifying endoleaks after EVAR [78,79,82,83,85,86]. A meta-analysis by Guo et al [82] in 2016 evaluated 3,853 patients after EVAR with paired scans of different modalities (CTA, MRA, US) obtained within a 1-month period. In 1,694 paired CTA and MRA scans, CTA identified 2 additional endoleaks, whereas MRA identified 42 additional endoleaks [82]. A subsequent meta-analysis in 2018 by Zaiem et al also noted that MRI identified more endoleaks than CTA [84]. These findings suggest a higher sensitivity of MRI in identification of endoleak compared with CTA, although the authors caution that the increased endoleaks identified could represent false-positive findings or endoleaks that are not clinically important [84].

MRA with IV contrast also allows superior evaluation of flow dynamics compared with CTA. Time resolved and 4-D flow MRA can be used to improve detection and classification of endoleaks [76,87,88]. Use of multiple phases of contrast can be used in 4-D flow MRA to ascertain not only the presence of endoleak but also the endoleak type [88]. MRA with IV contrast has also shown value in predicting the persistence of type II endoleak. A retrospective review of MRAs with type II endoleak performed by Katahashi et al determined that the use of flow quantification could be used to accurately predict persistence or resolution of type II endoleak after EVAR, although this algorithm has not been applied prospectively [20].

#### **MRA Chest, Abdomen, and Pelvis Without IV Contrast**

Literature supporting the use of MRA without IV contrast for evaluation after endovascular thoracoabdominal aortic repair is limited compared with evidence of MRA with IV contrast. A 2019 study evaluating 8 patients used a noncontrast MRI protocol to assess for endoleak after EVAR [89]. This study compared noncontrast MRA with contrast-enhanced CTA and angiogram and found the MRAs had comparable ability to detect endoleaks and assess aneurysm size [89]. The applicability of these findings to imaging post-thoracoabdominal endovascular intervention is unknown, although applicability may be incomplete because of multiple stents within the aorta and branch vessels. Additionally, the ability of this sequence to obtain widespread use is unclear. As such, noncontrast MRA would generally be expected to have a lower sensitivity for endoleak, false lumen thrombosis, or branch vessel patency, although evidence is lacking.

#### **MRA Chest and Abdomen Without and With IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis carries the advantage of reduced imaging time although may fail to detect changing or new pathology in the pelvic vasculature that could require further intervention.

#### **MRA Chest and Abdomen Without IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis carries the advantage of reduced imaging time although may fail to detect changing or new pathology in the pelvic vasculature that could require further intervention.

#### **Radiography Chest**

Postintervention radiography can be used to monitor endograft position and integrity, with location relative to bony landmarks used to infer possible stent migration [76]. Additionally, prior studies have reported the value of radiography to evaluate for endograft fracture and kinking [76,90]. However, the low incidence of stent fracture and the inability of radiography to evaluate for increasing aneurysm sac size, branch occlusion, and many other complications limits value in routine use. Additionally, a radiograph of the chest only is likely to include only a portion of the repaired aorta within the field of view.

### **Radiography Chest Abdomen Pelvis**

Postintervention radiography can be used to monitor endograft position and integrity, with location relative to bony landmarks used to infer possible stent migration [76]. Additionally, prior studies have reported the value of radiography to evaluate for endograft fracture and kinking [76,90]. However, the low incidence of stent fracture and the inability of radiography to evaluate for increasing aneurysm sac size, branch occlusion, and many other complications limits value in routine use.

### **US Duplex Doppler Aorta Abdomen**

Duplex US of the abdominal aorta carries the advantages of being a readily obtainable bedside examination for evaluation of the distal thoracic and abdominal aorta. After EVAR, duplex US can be used to evaluate aortic diameter and presence of endoleak, with a good correlation of aortic size with CTA in most patients [76,91].

Meta-analyses by Guo et al in 2016 [82] and Baliyan et al in 2018 [92] compared CTA with duplex US and found improved sensitivity for endoleak detection with CTA over US. However, this study along with multiple other studies suggests that contrast-enhanced duplex US may be comparable to improved ability to detect endoleaks compared with CTA [82,84,92]. Although the sensitivity of duplex US for endoleak is low relative to CTA, the ability to evaluate directionality of flow is a potential advantage. Presence of bidirectional “to-and-fro” flow and low peak systolic velocity of flow within an excluded aneurysm sac are associated with spontaneous endoleak resolution, so duplex US may help to identify endoleaks that are more likely to persist [76,93].

### **US Echocardiography Transthoracic Resting**

TTE allows visualization of the heart and portions of the thoracic aorta. However, portions of the proximal descending thoracic aorta may be poorly visualized with TTE, and examination may be limited by poor acoustic windows, creating the possibility of false-negative examinations in following patients after endovascular thoracoabdominal aortic repair [58]. These characteristics have resulted in a low sensitivity of 31% to 55% for diagnosis of acute type B aortic dissection on TTE [33]. TTE is also limited by the ability to visualize the abdominal aorta to determine the extent of thoracoabdominal aortic pathology.

## **Variant 4: Follow-up after open repair of thoracoabdominal aortic aneurysm or dissection.**

### **Aortography Chest Abdomen Pelvis**

There is no relevant literature regarding the use of aortography in the evaluation of follow-up of open repair of TAAA or dissection. Aortogram with DSA for evaluation of the thoracic and abdominal aorta has a sensitivity of up to 90% and a specificity of 95% for acute aortic syndrome [27]. Although it has the advantage of allowing immediate intervention if an abnormality is identified, aortography is an invasive procedure that is now typically performed for treatment after diagnosis of a new or worsening aortic pathology.

### **CT Chest, Abdomen, and Pelvis With IV Contrast**

There is no relevant literature regarding venous phase CT chest, abdomen, and pelvis for the follow-up of open repair of TAAA or dissection because most follow-up imaging uses an arterially timed contrast bolus in the form of a CTA (discussed below). However, contrast-enhanced CT can provide similar information as CTA in evaluating the size and extent of aortic pathology and in identifying postsurgical complications. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

### **CT Chest, Abdomen, and Pelvis Without and With IV Contrast**

There is no relevant literature regarding venous phase CT chest, abdomen, and pelvis with noncontrast phase for the follow-up of open repair of TAAA or dissection because most follow-up imaging uses an arterially timed contrast bolus in the form of a CTA (discussed below). However, contrast-enhanced CT can provide similar information as CTA in evaluating the size and extent of aortic pathology and in identifying postsurgical complications. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

### **CT Chest, Abdomen, and Pelvis Without IV Contrast**

There is no relevant literature for CT chest, abdomen, and pelvis without IV contrast in the evaluation of follow-up of open repair of TAAA or dissection. Although most follow-up after open thoracoabdominal aortic repair is performed with IV contrast [29-31], select groups of patients may be monitored with noncontrast CT to evaluate measurements of aortic size and for surrounding changes that could suggest inflammation or infection. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.



### **CT Chest and Abdomen With IV Contrast**

There is no relevant literature regarding venous phase CT chest and abdomen for the follow-up of open repair of TAAA or dissection. Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis may fail to detect changing or new pathology in the pelvic vasculature. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

### **CT Chest and Abdomen Without and With IV Contrast**

There is no relevant literature regarding venous phase CT chest, abdomen, and pelvis with noncontrast phase for the follow-up of open repair of TAAA or dissection. Compared with CT of the chest, abdomen, and pelvis, evaluation of the chest and abdomen only without imaging of the pelvis may fail to detect changing or new pathology in the pelvic vasculature. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

### **CT Chest and Abdomen Without IV Contrast**

There is no relevant literature for CT chest and abdomen without IV contrast in the evaluation of follow-up of open repair of TAAA or dissection. Compared with CT of the chest, abdomen, and pelvis, exclusion of the pelvis may fail to detect changing or new pathology in the pelvic vasculature. If venous phase or unenhanced CT has already been performed, additional imaging with CTA may not be required in some patients.

### **CTA Chest, Abdomen, and Pelvis With IV Contrast**

CTA of the chest, abdomen, and pelvis with IV contrast uses fast scan times to allow for rapid evaluation of the aorta. Acquisition of thin axial slices with subsequent reconstruction along with extensive and homogenous luminal opacification allows for precise and reproducible measurements of the aorta, which are valuable for monitoring aortic growth and interval changes [33,34].

In addition to monitoring aortic size and postsurgical complications such as anastomotic pseudoaneurysm, CTA can evaluate for endograft complications, kinking or occlusion/stenosis of branches of the graft, infection, or complications including thoracoabdominal aneurysm rupture or dissection extension [31,35].

Evidence comparing CTA with MRA for follow-up after surgical thoracoabdominal aortic repair is limited. A 2015 review of imaging of the thoracic aorta concluded that contrast-enhanced CT was the optimal modality evaluation of the aorta after surgical repair, although MRI is also comparable and with image resolution comparable to CTA [33].

Compared with CTA of the chest and abdomen, imaging of the pelvis carries the benefit of evaluation of the iliofemoral vessels to assess for new or worsening pathology of the pelvic vessels.

### **CTA Chest and Abdomen With IV Contrast**

Compared with CTA of the chest, abdomen, and pelvis, CTA of the chest and abdomen may fail to identify new or worsening pelvic pathology.

### **MRA Chest, Abdomen, and Pelvis Without and With IV Contrast**

MRA of the chest, abdomen, and pelvis without and with IV contrast can be used as an alternative to CTA for follow-up after open thoracoabdominal aortic repair. Spatial resolution of MRA is not as high as CTA, although some authors have found MRI to be an alternative option for imaging in younger patients [33].

In addition to monitoring aortic size and postsurgical complication such as anastomotic pseudoaneurysm, CTA can evaluate for graft complications, kinking or occlusion/stenosis of branches of the graft, infection, or complications including thoracoabdominal aneurysm rupture or dissection extension. MRA can also assess flow dynamics including wall stress and turbulent flow patterns, which may be valuable in certain patients [23,24].

Compared with MRA of the chest and abdomen, imaging of the pelvis carries the benefit of evaluation of the iliofemoral vessels to assess for new or worsening pathology of the pelvic vessels. The drawback of inclusion of the pelvis is increased acquisition time.

### **MRA Chest, Abdomen, and Pelvis Without IV Contrast**

Evidence supporting use of MRA without IV contrast for evaluation after open thoracoabdominal aortic repair is limited compared with evidence of MRA with IV contrast.

Similar to CTA, MRA of the thoracoabdominal aorta allows for precise and reproducible assessment of aortic sac size in aneurysm or extent of dissection in thoracoabdominal aortic dissection [33,37-39]. Multiple unenhanced

MRA techniques such as time-of-flight, phase-contrast imaging, and SSFP have been developed that allow for evaluation of aortic dissection and aneurysm, including after open surgical repair [44,45]. Even without IV contrast, MRA can be used to precisely evaluate the thoracoabdominal aorta [37,39]. A 2017 observational study comparing AAA measurements in contrast-enhanced CTA and noncontrast-enhanced MRA showed strong agreement, with intraclass coefficient >0.99 and interobserver reproducibility >0.99 for both CTA and MRA [45].

Although some studies have shown more accurate measurements with contrast-enhanced MRA compared with noncontrast-enhanced MRA, other studies have shown equal ability to detect aortic pathology and to measure aortic size [44,50,51]. A 2014 study comparing thoracic aortic measurements and pathology in 76 patients undergoing both contrast- and noncontrast-enhanced MRA showed high agreement between study types, with low intra- and interobserver dependency (intraclass correlation coefficient 0.99) [51]. A similar 2017 study comparing thoracic aorta measurements/findings on contrast- and noncontrast-enhanced MRA performed on a group of 50 patients favored noncontrast-enhanced MRA over contrast-enhanced MRA as the technique of choice because of superior image quality and better vessel sharpness in the ascending aorta [44]. Although these studies do not focus on postsurgical patients, the findings are likely applicable to this patient population.

#### **MRA Chest and Abdomen Without and With IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, imaging of the chest and abdomen reduces acquisition time, although is unable to assess for new or worsening pathology within the pelvis.

#### **MRA Chest and Abdomen Without IV Contrast**

Compared with MRA of the chest, abdomen, and pelvis, imaging of the chest and abdomen reduces acquisition time, although is unable to assess for new or worsening pathology within the pelvis.

#### **Radiography Chest**

There is no relevant literature for radiography in the evaluation of follow-up of open repair of TAAA or dissection. After surgical repair of the thoracoabdominal aorta, radiography is unlikely to carry a sufficient sensitivity or specificity to be used routinely.

#### **Radiography Chest Abdomen Pelvis**

There is no relevant literature for radiography in the evaluation of follow-up of open repair of TAAA or dissection. After surgical repair of the thoracoabdominal aorta, radiography is unlikely to carry a sufficient sensitivity or specificity to be used routinely.

#### **US Duplex Doppler Aorta Abdomen**

Duplex US of the abdominal aorta is an option for evaluation of the thoracoabdominal aorta, although the ability to evaluate the aorta above the diaphragm may be markedly limited by acoustic windows. Prior studies comparing US, CT, and MRI of the abdominal aorta found that US is a reliable method to diagnose and follow AAAs [56]. In the evaluation of thoracoabdominal aortic dissection, US can also be used to evaluate blood flow in the true and false lumens and to directly and dynamically monitor the motion of dissection flaps [43]. As such, abdomen US can be performed serially to evaluate for aortic size changes or dissection hemodynamic changes. However, a limited ability to evaluate the thoracic aorta with dependence on patient acoustic windows could result in poor image quality or the inability to view changes to the aorta.

#### **US Echocardiography Transthoracic Resting**

There is no relevant literature regarding the use of TTE in the evaluation of the thoracoabdominal aorta after open repair. TTE allows visualization of the heart and portions of the thoracic aorta. However, portions of the proximal descending thoracic aorta may be poorly visualized with TTE, and examination may be limited by poor acoustic windows, creating the possibility of false-negative examinations in following patients after thoracoabdominal aortic repair [58]. TTE has limited by ability to visualize the abdominal aorta to determine the extent of thoracoabdominal aortic pathology and may therefore be limited to patients with thoracoabdominal surgical repair involving only the thoracic and proximal abdominal aorta.

#### **Summary of Recommendations**

- **Variant 1:** MRA chest abdomen pelvis without and with IV contrast, MRA chest abdomen pelvis without IV contrast, or CTA chest abdomen pelvis with IV contrast is usually appropriate for a patient without or with new symptoms undergoing follow-up of a known TAAA or dissection without repair. Contrast-enhanced imaging is generally preferred but may not be necessary in all patients. These procedures are equivalent alternatives (ie, only one procedure will be ordered to provide the clinical information to effectively manage the patient's care).

- **Variation 2:** MRA chest abdomen pelvis without and with IV contrast, MRA chest abdomen pelvis without IV contrast, or CTA chest abdomen pelvis with IV contrast is usually appropriate for a patient undergoing planning for endovascular or open repair of a thoracoabdominal aorta aneurysm or dissection. These procedures are equivalent alternatives (ie, only one procedure will be ordered to provide the clinical information to effectively manage the patient’s care). The panel did not agree on recommending MRA chest and abdomen without and with IV contrast, CT chest abdomen pelvis with IV contrast, CT chest abdomen pelvis without and with IV contrast, or CTA chest and abdomen with IV contrast for this clinical scenario. There is insufficient medical literature to conclude whether or not these patients would benefit from these procedures in this clinical scenario. Imaging in this patient population is controversial but may be appropriate.
- **Variation 3:** MRA chest abdomen pelvis without and with IV contrast or CTA chest abdomen pelvis with IV contrast is usually appropriate for a patient undergoing follow-up after endovascular repair of a TAAA or dissection. These procedures are equivalent alternatives (ie, only one procedure will be ordered to provide the clinical information to effectively manage the patient’s care). The panel did not agree on recommending aortography chest abdomen pelvis, MRA chest and abdomen without and with IV contrast, or CTA chest and abdomen with IV contrast for this clinical scenario. There is insufficient medical literature to conclude whether or not these patients would benefit from these procedures in this clinical scenario. Imaging in this patient population is controversial but may be appropriate.
- **Variation 4:** MRA chest abdomen pelvis without and with IV contrast or CTA chest abdomen pelvis with IV contrast is usually appropriate for a patient undergoing follow-up after open repair of a TAAA or dissection. These procedures are equivalent alternatives (ie, only one procedure will be ordered to provide the clinical information to effectively manage the patient’s care).

### Supporting Documents

The evidence table, literature search, and appendix for this topic are available at <https://acsearch.acr.org/list>. The appendix includes the strength of evidence assessment and the final rating round tabulations for each recommendation.

For additional information on the Appropriateness Criteria methodology and other supporting documents go to [www.acr.org/ac](http://www.acr.org/ac).

### Appropriateness Category Names and Definitions

Appropriateness Category Name	Appropriateness Rating	Appropriateness Category Definition
Usually Appropriate	7, 8, or 9	The imaging procedure or treatment is indicated in the specified clinical scenarios at a favorable risk-benefit ratio for patients.
May Be Appropriate	4, 5, or 6	The imaging procedure or treatment may be indicated in the specified clinical scenarios as an alternative to imaging procedures or treatments with a more favorable risk-benefit ratio, or the risk-benefit ratio for patients is equivocal.
May Be Appropriate (Disagreement)	5	The individual ratings are too dispersed from the panel median. The different label provides transparency regarding the panel’s recommendation. “May be appropriate” is the rating category and a rating of 5 is assigned.
Usually Not Appropriate	1, 2, or 3	The imaging procedure or treatment is unlikely to be indicated in the specified clinical scenarios, or the risk-benefit ratio for patients is likely to be unfavorable.

## Relative Radiation Level Information

Potential adverse health effects associated with radiation exposure are an important factor to consider when selecting the appropriate imaging procedure. Because there is a wide range of radiation exposures associated with different diagnostic procedures, a relative radiation level (RRL) indication has been included for each imaging examination. The RRLs are based on effective dose, which is a radiation dose quantity that is used to estimate population total radiation risk associated with an imaging procedure. Patients in the pediatric age group are at inherently higher risk from exposure, because of both organ sensitivity and longer life expectancy (relevant to the long latency that appears to accompany radiation exposure). For these reasons, the RRL dose estimate ranges for pediatric examinations are lower as compared with those specified for adults (see Table below). Additional information regarding radiation dose assessment for imaging examinations can be found in the ACR Appropriateness Criteria® [Radiation Dose Assessment Introduction](#) document [94].

Relative Radiation Level Designations		
Relative Radiation Level*	Adult Effective Dose Estimate Range	Pediatric Effective Dose Estimate Range
○	0 mSv	0 mSv
☼	<0.1 mSv	<0.03 mSv
☼☼	0.1-1 mSv	0.03-0.3 mSv
☼☼☼	1-10 mSv	0.3-3 mSv
☼☼☼☼	10-30 mSv	3-10 mSv
☼☼☼☼☼	30-100 mSv	10-30 mSv

\*RRL assignments for some of the examinations cannot be made, because the actual patient doses in these procedures vary as a function of a number of factors (eg, region of the body exposed to ionizing radiation, the imaging guidance that is used). The RRLs for these examinations are designated as “Varies.”

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The ACR Committee on Appropriateness Criteria and its expert panels have developed criteria for determining appropriate imaging examinations for diagnosis and treatment of specified medical condition(s). These criteria are intended to guide radiologists, radiation oncologists and referring physicians in making decisions regarding radiologic imaging and treatment. Generally, the complexity and severity of a patient's clinical condition should dictate the selection of appropriate imaging procedures or treatments. Only those examinations generally used for evaluation of the patient's condition are ranked. Other imaging studies necessary to evaluate other co-existent diseases or other medical consequences of this condition are not considered in this document. The availability of equipment or personnel may influence the selection of appropriate imaging procedures or treatments. Imaging techniques classified as investigational by the FDA have not been considered in developing these criteria; however, study of new equipment and applications should be encouraged. The ultimate decision regarding the appropriateness of any specific radiologic examination or treatment must be made by the referring physician and radiologist in light of all the circumstances presented in an individual examination.