# American College of Radiology
## ACR Appropriateness Criteria®

### Shoulder Pain-Atraumatic

**Variant 1:** Atraumatic shoulder pain. Initial imaging.

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Appropriateness Category</th>
<th>SOE</th>
<th>Adults RRL</th>
<th>Peds RRL</th>
<th>Rating</th>
<th>Median</th>
<th>Final Tabulations</th>
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<tbody>
<tr>
<td>Radiography shoulder</td>
<td>Usually appropriate</td>
<td>🙌</td>
<td>&lt;0.1 mSv</td>
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<td>Usually not appropriate</td>
<td>☢☢☢</td>
<td>10-30 mSv</td>
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### Variant 3: Atraumatic shoulder pain. Suspect labral tear and instability. Initial radiographs normal or inconclusive. Next imaging study.
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**Variant 5:** Atraumatic shoulder pain. Suspect adhesive capsulitis. Initial radiographs normal or inconclusive. Next imaging study.

<table>
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<th>Appropriateness Category</th>
<th>SOE</th>
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### X-ray arthrography shoulder
- May be appropriate
- **☢ <0.1 mSv**
- Adults RRL: 4
- Peds RRL: 4
- Rating: 7
- Median: 0
- 1
- 4
- 2
- 1
- 1
- 0
- 0

### MR arthrography shoulder
- Usually not appropriate
- **☢ ☢ ☢ ☢ O 0 mSv [ped]**
- Adults RRL: 2
- Peds RRL: 2
- Rating: 7
- Median: 2
- 3
- 1
- 3
- 0
- 0
- 0
- 0

### CT arthrography shoulder
- Usually not appropriate
- **☢☢☢☢ 10-30 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 12
- Median: 0
- 1
- 2
- 0
- 0
- 1
- 0
- 0

### CT shoulder with IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 15
- Median: 1
- 0
- 0
- 0
- 0
- 0
- 0
- 0

### CT shoulder without IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 15
- Median: 1
- 0
- 0
- 0
- 0
- 0
- 0
- 0

### CT shoulder without and with IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 15
- Median: 1
- 0
- 0
- 0
- 0
- 0
- 0
- 0

### MRI shoulder without IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 13
- Median: 1
- 1
- 1
- 0
- 1
- 0
- 1
- 0
- 0
- 0

### MRI shoulder without and with IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 13
- Median: 1
- 1
- 1
- 0
- 1
- 0
- 1
- 0
- 0
- 0

### MRI shoulder without and with IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 13
- Median: 1
- 1
- 1
- 0
- 1
- 0
- 1
- 0
- 1
- 0

### US shoulder
- Usually appropriate
- **☢ ☢ ☢ ☢ O 0 mSv [ped]**
- Adults RRL: 8
- Peds RRL: 8
- Rating: 8
- Median: 1
- 0
- 0
- 0
- 2
- 0
- 5
- 1
- 7

### MR arthrography shoulder
- May be appropriate (Disagreement)
- **☢ ☢ ☢ ☢ O 0 mSv [ped]**
- Adults RRL: 5
- Peds RRL: 7
- Rating: 7
- Median: 1
- 0
- 1
- 0
- 3
- 3
- 4
- 3
- 1

### CT arthrography shoulder
- Usually not appropriate
- **☢☢☢☢ 10-30 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 12
- Median: 0
- 1
- 2
- 1
- 0
- 0
- 0
- 0
- 0

### CT shoulder with IV contrast
- Usually not appropriate
- **☢☢☢ 1-10 mSv**
- Adults RRL: 1
- Peds RRL: 1
- Rating: 15
- Median: 1
- 0
- 0
- 0
- 0
- 0
- 0
- 0
- 0

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**Variant 6:** Atraumatic shoulder pain. Suspect biceps tendinitis, bursitis, dislocation or tear. Initial radiographs normal or inconclusive. Next imaging study.
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**Variant 7:** Pain after rotator cuff repair. Initial radiographs normal or inconclusive. Next imaging study.
**MRI shoulder without and with IV contrast**

Usually not appropriate

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<td>Usually not appropriate</td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>1</td>
<td>15 1 0 0 0 0 0 0 0</td>
</tr>
<tr>
<td>MR arthrography shoulder</td>
<td>Usually not appropriate</td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>1</td>
<td>14 0 1 1 0 0 0 0 0</td>
</tr>
<tr>
<td>MRI shoulder without and with IV contrast</td>
<td>Usually not appropriate</td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>1</td>
<td>16 0 0 0 0 0 0 0 0</td>
</tr>
</tbody>
</table>

**Variant 8:** Atraumatic shoulder pain. Neurogenic pain (excluding plexopathy). Initial imaging.
Appendix Key
A more complete discussion of the items presented below can be found by accessing the supporting documents at the designated hyperlinks.

**Appropriateness Category:** The panel's recommendation for a procedure based on the assessment of the risks and benefits of performing the procedure for the specified clinical scenario.

**SOE:** Strength of Evidence. The assessment of the amount and quality of evidence found in the peer reviewed medical literature for an appropriateness recommendation.

- **References:** The citation number and PMID for the reference(s) associated with the recommendation.
- **Study Quality:** The assessment of the quality of an individual reference based on the number of study quality elements described in the reference.

**RRL:** Relative Radiation Level. A population based assessment of the amount of radiation a typical patient may be exposed to during the specified procedure.

**Rating:** The final rating (1-9 scale) for the procedure as determined by the panel during rating rounds.

**Median:** The median rating (1-9 scale) for the procedure as determined by the panel during rating rounds.

**Final tabulations:** A histogram showing the number of panel members who rated the procedure as noted in the column heading (ie, 1, 2, 3, etc.).

Additional supporting documents about the AC methodology and processes can be found at [www.acr.org/ac](http://www.acr.org/ac).