

American College of Radiology
ACR Appropriateness Criteria®

Chronic Dyspnea-Noncardiovascular Origin

Variant 1: Adult. Chronic dyspnea. Unclear etiology. Initial imaging.

Procedure	Appropriateness Category	SOE	Adults RRL	Peds RRL	Rating	Median	Final Tabulations								
							1	2	3	4	5	6	7	8	9
Radiography chest	Usually appropriate	Limited	⊕ <0.1 mSv	⊕ <0.03 mSv [ped]	9	9	1	0	0	0	0	0	0	1	16
		References		Study Quality											
		29 (2802893)		3											
		28 (21215608)		2											
		3 (22962929)		4											
		2 (15864893)		4											
CT chest without IV contrast	May be appropriate	Limited	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	5	5	0	0	0	6	8	4	0	0	0
		References		Study Quality											
		27 (14872104)		4											
		28 (21215608)		2											
		26 (25447621)		3											
CT chest with IV contrast	Usually not appropriate	Limited	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	2	2	8	3	4	2	0	1	0	0	0
		References		Study Quality											
		3 (22962929)		4											
		2 (15864893)		4											
		6 (36436973)		4											

CT chest without and with IV contrast	Usually not appropriate	Expert Consensus	☼☼☼☼ 1-10 mSv	☼☼☼☼☼ 3-10 mSv [ped]	2	2	9	6	2	1	0	0	0	0	0
MRI chest without IV contrast	Usually not appropriate	Expert Consensus	○ ○ mSv	○ ○ mSv [ped]	1	1	12	3	1	0	1	1	0	0	0
MRI chest without and with IV contrast	Usually not appropriate	Expert Consensus	○ ○ mSv	○ ○ mSv [ped]	1	1	12	3	1	1	0	0	1	0	0
FDG-PET/CT skull base to mid-thigh	Usually not appropriate	Expert Consensus	☼☼☼☼☼ 10-30 mSv	☼☼☼☼☼ 3-10 mSv [ped]	1	1	15	2	0	0	1	0	0	0	0
US chest	Usually not appropriate	Limited	○ ○ mSv	○ ○ mSv [ped]	1	1	13	5	0	0	0	0	0	0	0

[illegible]

Variant 2: Adult. Chronic dyspnea. Suspected chronic obstructive pulmonary disease (COPD). Initial imaging.

Procedure	Appropriateness Category	SOE	Adults RRL	Peds RRL	Rating	Median	Final Tabulations								
							1	2	3	4	5	6	7	8	9
Radiography chest	Usually appropriate	Limited	⊕ <0.1 mSv	⊕ <0.03 mSv [ped]	9	9	1	0	0	0	0	0	1	2	14
		References		Study Quality											
		62 (19631518)		4											
		61 (11194777)		4											
		39 (36907372)		4											
		19 (26333307)		4											

		33 (27865580)		4											
MRI chest without IV contrast	Usually not appropriate	Strong	O 0 mSv	O 0 mSv [ped]	2	2	8	4	2	1	2	1	0	0	0
		References		Study Quality											
		58 (26744928)		3											
		59 (21392914)		2											
		60 (25575114)		3											
		16 (27882425)		2											
		19 (26333307)		4											
US chest	Usually not appropriate	Limited	O 0 mSv	O 0 mSv [ped]	2	2	9	4	3	0	0	0	1	0	1
		References		Study Quality											
		63 (32614240)		1											
CT chest without and with IV contrast	Usually not appropriate	Expert Consensus	☹☹☹ 1-10 mSv	☹☹☹☹ 3-10 mSv [ped]	1	1	10	4	3	1	0	0	0	0	0
MRI chest without and with IV contrast	Usually not appropriate	Expert Consensus	O 0 mSv	O 0 mSv [ped]	1	1	12	2	1	1	2	0	0	0	0
V/Q scan lung	Usually not appropriate	Expert Consensus	☹☹☹ 1-10 mSv		1	1	12	3	1	1	0	0	0	0	1
FDG-PET/CT skull base to mid-thigh	Usually not appropriate	Expert Consensus	☹☹☹☹ 10-30 mSv	☹☹☹☹ 3-10 mSv [ped]	1	1	15	1	1	0	0	0	1	0	0
Fluoroscopy chest	Usually not appropriate	Expert Consensus	☹☹☹ 1-10 mSv		1	1	10	3	1	1	1	1	0	1	0

Variant 3: Adult. Chronic dyspnea. Suspected small airways disease. Initial imaging.

Procedure	Appropriateness Category	SOE	Adults RRL	Peds RRL	Rating	Median	Final Tabulations								
							1	2	3	4	5	6	7	8	9
CT chest without IV contrast	Usually	Limited	☹☹☹ 1-10	☹☹☹☹ 3-	8	8	0	0	1	0	1	1	2	6	7

Procedure	Appropriateness Category	SOE	Adults RRL	Peds RRL	Rating	Median	Final Tabulations								
							1	2	3	4	5	6	7	8	9
	appropriate		mSv	10 mSv [ped]											
		References		Study Quality											
		14 (23764129)		4											
		15 (27296816)		4											
		64 (32885932)		4											
		65 (32005432)		4											
Radiography chest	Usually appropriate	Expert Consensus	⊕ <0.1 mSv	⊕ <0.03 mSv [ped]	8	8	0	0	1	1	2	1	4	3	6
CT chest with IV contrast	Usually not appropriate	Expert Consensus	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	2	2	8	5	3	1	1	0	0	0	0
CT chest without and with IV contrast	Usually not appropriate	Expert Consensus	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	1	1	11	4	2	1	0	0	0	0	0
MRI chest without IV contrast	Usually not appropriate	Limited	○ 0 mSv	○ 0 mSv [ped]	1	1	15	2	1	0	0	0	0	0	0
		References		Study Quality											
		18 (31036773)		2											
MRI chest without and with IV contrast	Usually not appropriate	Expert Consensus	○ 0 mSv	○ 0 mSv [ped]	1	1	14	1	1	0	1	1	0	0	0
FDG-PET/CT skull base to mid-thigh	Usually not appropriate	Expert Consensus	⊕⊕⊕⊕ 10-30 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	1	1	16	1	0	0	0	0	1	0	0
US chest	Usually not appropriate	Expert Consensus	○ 0 mSv	○ 0 mSv [ped]	1	1	14	1	2	0	0	0	0	0	1
Fluoroscopy chest	Usually not appropriate	Expert Consensus	⊕⊕⊕ 1-10 mSv		1	1	13	2	2	0	0	0	0	1	0

Variant 4: Adult. Chronic dyspnea. Known or suspected prior COVID-19 infection. Initial imaging.

Procedure	Appropriateness Category	SOE	Adults RRL	Peds RRL	Rating	Median	Final Tabulations								
							1	2	3	4	5	6	7	8	9
CT chest without IV contrast	Usually appropriate	Strong	☼☼☼ 1-10 mSv	☼☼☼☼ 3-10 mSv [ped]	9	9	0	0	0	1	0	0	3	4	10
		References		Study Quality											
		7 (34794591)		4											
		66 (33175876)		2											
		81 (33901788)		2											
		73 (34032292)		2											
		11 (34374591)		4											
		78 (33497317)		1											
		77 (34284567)		2											
		75 (34536697)		1											
		68 (37216955)		4											
		74 (33964245)		2											
		13 (35226158)		2											
		71 (33419891)		2											
		76 (33798931)		4											
		79 (34148855)		4											
		70 (34957743)		2											
		12 (36427055)		1											
		69 (37404150)		Good											
		72 (36782191)		2											
		67 (32474479)		2											
		80 (32734297)		2											
Radiography chest	Usually appropriate	Strong	☼ <0.1 mSv	☼ <0.03 mSv [ped]	9	9	1	0	0	0	0	0	2	3	12

		References		Study Quality											
		85 (33172844)		4											
		78 (33497317)		1											
		84 (34473811)		2											
MRI chest without IV contrast	Usually not appropriate	Strong	O 0 mSv	O 0 mSv [ped]	3	3	8	1	4	2	1	2	0	0	0
		References		Study Quality											
		83 (34251585)		1											
		82 (36253228)		2											
		21 (36596692)		2											
		20 (36749209)		2											
		22 (35762891)		2											
US chest	Usually not appropriate	Strong	O 0 mSv	O 0 mSv [ped]	3	3	6	2	2	5	1	1	0	0	1
		References		Study Quality											
		90 (36103083)		1											
		88 (36564240)		2											
		89 (34091869)		2											
		86 (35906952)		4											
		87 (35429016)		2											
CT chest with IV contrast	Usually not appropriate	Expert Consensus	☼☼☼ 1-10 mSv	☼☼☼☼ 3-10 mSv [ped]	2	2	9	3	4	1	0	1	0	0	0
CT chest without and with IV contrast	Usually not appropriate	Expert Consensus	☼☼☼ 1-10 mSv	☼☼☼☼ 3-10 mSv [ped]	1	1	13	1	3	1	0	0	0	0	0
MRI chest without and with IV contrast	Usually not appropriate	Expert Consensus	O 0 mSv	O 0 mSv [ped]	1	1	13	0	2	0	2	0	1	0	0
FDG-PET/CT skull base to mid-thigh	Usually not appropriate	Expert Consensus	☼☼☼☼ 10-30 mSv	☼☼☼☼ 3-10 mSv [ped]	1	1	17	0	0	0	1	0	0	0	0

MRI chest without and with IV contrast	Usually not appropriate	Expert Consensus	0 0 mSv	0 0 mSv [ped]	3	3	6	1	7	2	2	0	0	0	0
US chest	Usually not appropriate	Limited	0 0 mSv	0 0 mSv [ped]	3	3	7	2	4	0	5	0	0	0	0
		References	Study Quality												
		99 (-3197610)	4												
FDG-PET/CT skull base to mid-thigh	Usually not appropriate	Expert Consensus	⊕⊕⊕⊕ 10-30 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	2	2	8	3	4	1	1	0	1	0	0
CT chest without and with IV contrast	Usually not appropriate	Expert Consensus	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	1	1	10	4	2	1	1	0	0	0	0
Fluoroscopy chest	Usually not appropriate	Expert Consensus	⊕⊕⊕ 1-10 mSv		1	1	13	2	1	0	1	0	0	1	0

Variant 6: Adult. Chronic dyspnea. Suspected diaphragm dysfunction. Initial imaging.

Procedure	Appropriateness Category	SOE	Adults RRL	Peds RRL	Rating	Median	Final Tabulations								
							1	2	3	4	5	6	7	8	9
Radiography chest	Usually appropriate	Limited	⊕ <0.1 mSv	⊕ <0.03 mSv [ped]	9	9	1	0	0	0	0	0	1	5	11
		References	Study Quality												
		106 (17368210)	2												
CT chest without IV contrast	May be appropriate	Limited	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	5	5	0	0	0	3	12	2	1	0	0
		References	Study Quality												
		100 (28549021)	2												
CT chest with IV contrast	May be appropriate	Expert Consensus	⊕⊕⊕ 1-10 mSv	⊕⊕⊕⊕ 3-10 mSv [ped]	4	4	0	0	3	11	4	0	0	0	0

MRI chest without and with IV contrast	Usually not appropriate	Limited	0 0 mSv	0 0 mSv [ped]	3	3	6	3	3	1	3	1	1	0	0
		References		Study Quality											
		103 (35273448)		1											
US chest	Usually not appropriate	Strong	0 0 mSv	0 0 mSv [ped]	3	3	6	2	4	4	2	0	0	0	0
		References		Study Quality											
		108 (23382111)		4											
		107 (24211983)		3											
		109 (25165390)		2											
		110 (26994409)		2											
		111 (23110443)		3											
		112 (27701744)		3											
		113 (24700122)		3											
		114 (26620221)		2											
		115 (26357011)		3											
		116 (25971723)		2											
		117 (27167428)		3											
Fluoroscopy chest	Usually not appropriate	Limited	☢☢☢ 1-10 mSv		2	2	9	0	4	1	2	1	0	1	0
		References		Study Quality											
		101 (22411950)		4											
		102 (23778774)		2											
CT chest without and with IV contrast	Usually not appropriate	Expert Consensus	☢☢☢ 1-10 mSv	☢☢☢☢ 3-10 mSv [ped]	1	1	10	3	3	2	0	0	0	0	0
MRI chest without IV contrast	Usually not appropriate	Limited	0 0 mSv	0 0 mSv [ped]	1	1	11	2	2	1	2	0	0	0	0
		References		Study Quality											
		104 (17145404)		3											
		105 (27391236)		3											

Appendix Key

A more complete discussion of the items presented below can be found by accessing the supporting documents at the designated hyperlinks.

Appropriateness Category: The panel's recommendation for a procedure based on the assessment of the risks and benefits of performing the procedure for the specified clinical scenario.

SOE: Strength of Evidence. The assessment of the amount and quality of evidence found in the peer reviewed medical literature for an appropriateness recommendation.

- **References:** The citation number and PMID for the reference(s) associated with the recommendation.
- **Study Quality:** The assessment of the quality of an individual reference based on the number of study quality elements described in the reference.

RRL: Relative Radiation Level. A population based assessment of the amount of radiation a typical patient may be exposed to during the specified procedure.

Rating: The final rating (1-9 scale) for the procedure as determined by the panel during rating rounds.

Median: The median rating (1-9 scale) for the procedure as determined by the panel during rating rounds.

Final tabulations: A histogram showing the number of panel members who rated the procedure as noted in the column heading (ie, 1, 2, 3, etc.).

Additional supporting documents about the AC methodology and processes can be found at www.acr.org/ac.